



Is Playtime Adventure™ a soccer program?



It's so much more!

Playtime Adventure™ will help develop your child's fundamental motor skills which will lay a foundation to achieve greater success in soccer and all sports

5 things you should know about your child's physical development:

- 1) **Contrary to common belief**, motor skills (jumping, skipping, pivoting, kicking etc.) are not acquired without instruction and practice
- 2) Children who develop competent motor skills have **26% higher levels** of cardiorespiratory fitness in adulthood
- 3) Children without **adequate motor skills** at a young age will struggle to become skilled performers as they grow older
- 4) **Preschool age** is the optimum time for motor skill development
- 5) Regular physical activity has social benefits; developing **friendship skills** and enhancing personal development



BALANCING



KICKING



JUMPING



DRIBBLING



CATCHING



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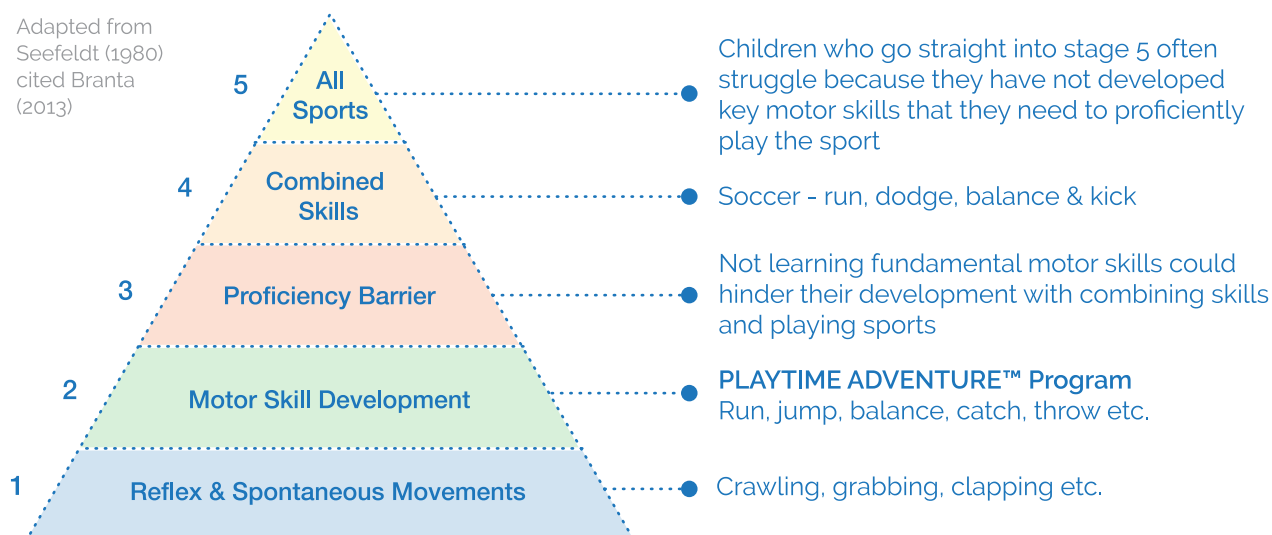


Why PLAYTIME ADVENTURE™, and not a soccer specific program?

Parents and teachers focus on written literacy and numeracy skills; children are taught how to read and count. Who is focusing their attention on a child's physical development? Who corrects a child when they forget to use their arms when jumping or develops their technique and confidence to catch a ball?

Key Stages Of Child Physical Development:

Adapted from
Seefeldt (1980)
cited Branta
(2013)



Children who join soccer or baseball programs (i.e. key stage 4 & 5) too early in their development will get frustrated and discouraged as they have not acquired the extensive variety of motor skills needed to gain success (i.e. key stage 2).

PLAYTIME ADVENTURE™ curriculum is designed to ensure your child will develop these key competencies so they can play SOCCER & ALL SPORTS successfully.

(855) FUN 2 PLAY

www.playtimeadventure.com